

VIRTUAL Baby Safety Class



**Tuesdays at 10am, Thursdays at 3:30pm,
and the last Tuesday of the month at 6pm**

All classes taught virtually.

Must have internet access and preferably a webcam.

Topics Covered:

- ◆ Sudden Infant Death Syndrome
- ◆ Safe Sleep Practices
- ◆ Shaken Baby Syndrome
- ◆ Choosing a Safe Caregiver
- ◆ Soothing a Crying Baby
- ◆ Self-Care for Parents

Qualifications:

- **Must be a resident of Hillsborough County.**
- **Must be an expecting parent and/or a parent or caregiver of a child ages 0-5.**

Keep yourself cool, calm, and confident.
Keep your baby safe, secure, and soothed.

Please contact Melissa to register or schedule a 1-on-1 class!

Once registered, Melissa will send you a link for the class.

Melissa Oliver, Parenting Support Specialist
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